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YETMAN PUBLIC SCHOOL

Week 4, Term 4

Thursday, 4th November, 2010

What's Coming Up?

Wed, 10 November
Charna at SEG Meeting

Thurs, 11 November

- CWA Visit
- School Banking

Thurs, 18 November

- Year 5/6 Fun Day
- School Banking

Wed, 1 December
Year 5/6 Farewell Day

Friday, 3 December
North Star Social

22-26 November
Great Aussie Bush Camp

6-10 December
Swimming School

Tues, 14 December
Presentation Night

PRINCIPAL'S REPORT

What a week, and here I was thinking that I was coming back to the country to slow down after spending two weeks in Sydney. It is not every day that you get Lifesavers visiting Yetman or a helicopter landing on the soccer field, maybe it will slow down a little next week.

State Athletics

Congratulations to Liam who managed to do his personal best in both of his events at the state athletics carnival in Sydney. Liam took a second off his time in the 200m race running it in 30.49 seconds. This still only made him 35th in the state but he was happy with his performance. His major achievement was coming 10th in the state for his high jump. Liam jumped 1.30m beating his personal best by 5cm and was very close to clearing 1.35m.

Beach to Bush

This was a wonderful presentation funded by Telstra and very timely with our upcoming excursion. The students all enjoyed the presentation and learned how to be safe at the beach. The highlight of the presentation was watching Harkie who had been dressed appropriately for his role as life saver and immediately dubbed "bikini boy" rescue our damsel in distress (Sarah). I am not sure who was the most embarrassed.

The presenters, Barney and Nathan, loved our little school and made the point of coming to tell me what wonderful children we have here and that this was one of the best schools they had visited. Of course we all know this but it is nice to hear it from outsiders.

Coles Vouchers

Thank you to all of you who have been collecting the vouchers. The primary class have the job of counting them all tomorrow. We have had vouchers coming from everywhere. Some from the local community, some from friends and relatives and even some from past students who have moved away and sent them back to us.

Great Aussie Bush Camp

Notes have gone home this week to all students who have indicated that they will be joining us at the Great Aussie Bush Camp. The price at this stage is \$250 dollars and we are looking at ways of reducing this figure further if possible. At this stage we have 20 students attending and need one more to take our second teacher for free. There will only be five students left at school so if your child would like to come it is still not too late to join us. Please contact me or Jenny if you need more information. We are able to help financially in a confidential manner if this is the reason your child is not attending.

Communication Issues

I was concerned to see that there were some emails being sent last week regarding problems with the canteen. While I believe that all problems should be discussed openly there is a place and time. You are a fantastic community and I enjoy working with each and every one of you. My concern was that people are not feeling comfortable enough to air their ideas and concerns at our P&C meetings or by coming and speaking to me so that I can approach the issue in an appropriate way. Please remember that if you are concerned about something it is best to speak about it openly where everyone has a chance for input. Most times you will find that there are other people who share your ideas and others may be very grateful for the input which may help them see things differently and solve problems they may themselves have been facing.

Parent Surveys

Included in the newsletter is a survey. This is to assist us in retaining our National Partnership Funding and our third teacher. Please take the time to fill them in and return them to the office.

Macintyre Young Writers Competition

Well done to everyone on the stories they entered into the competition. Once again Yetman Public School has done extremely well.

Congratulations to Charles Dight on receiving one of the major awards, and to Lily Hamilton, Alina Lafsky and Alexander Holcombe on their Highly Commended awards. These children and their families have been invited to attend the Presentation Night in Goondiwindi next Thursday night. If anyone else would like to attend please contact the office for details.

Small Schools Knockout

Congratulations to Repton Public School for winning the Small School Knockout Competition last week. We are looking forward to competing in this competition again next year.

P. & C. Report and Canteen Report

P & C NEWS

- A reminder that Cooreys' Closing Down Sale will be on until December 24th. All school uniforms are 30% off. Cooreys have Yetman jumpers and sports shirts, grey shirts and shorts, and tracksuits in stock.
- Attached to the newsletter is a book of raffle tickets. These tickets are being sold in the first eight prizes listed on the prizes list. The tickets are \$3 each or 2 for \$5. There is no obligation to sell the tickets. Please return any unsold tickets to school. If you would like another book of tickets contact the office.
The tickets in the Bridge Climb in Sydney and the Honda Jacket are being sold separately. You can buy tickets in these from the shop, and they will also be available on presentation night. If you would like a book of tickets to sell in these items please contact the office.
- The Reunion made an income of \$3244 for the P & C which is huge and an excellent injection of funds! So thank you to Erica for coordinating it all so capably and to everyone for diligently cooking all that food

CANTEEN NEWS



A reminder that Blueberry Muffins are no longer available.



The following prices have changed - please amend your price list:

Jelly Cups - \$1.00

Banana Bread - \$1.50

Chicken and Pea Tartlet - \$1.50

Chicken Drumstick - \$1.50

Regards

Erica Holcombe

Nutrition Note

KIDS MISSING OUT ON BRAIN FOOD

Only one-in-ten children in Australia regularly eat fish - the richest source of important long-chain omega 3s, a study has found.

Australian children's intakes of long-chain omega 3s are 'desperately low' according to Associate Professor Barbera Meyer from the University of Wollongong's School of Health Sciences.

Although the National Heart Foundation recommends an intake of 500 milligrams of long-chain omega 3s, three year olds consume an average of only 47 milligrams, while four to eight year olds consume just 55 milligrams.

Inadequate intake of omega 3s is believed to increase the risk of developing heart disease, asthma, attention deficit hyperactivity disorder and retarded brain development. Only fishes such as salmon, mackerel and sardines are the richest sources of long-chain omega 3s, which can also be found in lean red meat and eggs. Foods such as milk, yoghurt and bread can also be fortified with omega 3.

RAFFLE PRIZES

DRAWN 14th DECEMBER 2010

Donor	Item	Value	Prize
Faber Tool Boxes	Tool Box	\$250	1st Prize
Freebairn & Campbell	Skin Care Products	\$50	1st Prize
Howard Finlen Jewellers	Watch	\$275	1st Prize
The Dust Jacket	Gardening Book	\$25	1st Prize
BWS	Gift Card	\$20	1st Prize
Zappa Wines	2 Wines	\$20	1st Prize
Stahmann Farms	250ml Pecan Oil	\$10	1st Prize
Stahmann Farms	500g Pecans	\$15	1st Prize
Selleys	Waterless Wash	\$13	1st Prize
Majestic Cinema	2 for 1 tickets x 2	\$27	1st Prize
Erica Holcombe	Innoxia Thirsty Skin	\$29	1st Prize
Erica Holcombe	Hair Straightner	\$190	2nd Prize
Masterfoods	Spicerack	\$60	2nd Prize
Zappa Wines	Wines x 2	\$20	2nd Prize
Readers Digest	Book	\$60	2nd Prize
Me and Mr Jones	Hand Painted Glasses x 2	\$30	2nd Prize
Stahmann Farms	500g Pecans	\$15	2nd Prize
Options	Purse	\$33	2nd Prize
Majestic Cinema	2 for 1 ticket	\$13.50	2nd Prize
Erica Holcombe	Innoxia SkinClear	\$29	2nd Prize
Stahmann Farms	250ml Pecan Oil	\$10	2nd Prize
Zappa Wines	Wines x 2	\$20	3rd Prize
Sports Power	Soccer Ball	\$25	3rd Prize
Readers Digest	Book	\$50	3rd Prize
Options	Dish	\$35	3rd Prize
Stahmann Farms	500g Pecans	\$15	3rd Prize
Spotlight	Voucher	\$20	3rd Prize
Selleys	Waterless Wash	\$13	3rd Prize
Majestic Cinema	2 for 1 ticket	\$13.50	3rd Prize
Erica Holcombe	Innoxia SkinClear	\$29	3rd Prize
Serendipity	Lavender Items x 3	\$40	4th Prize
The Quiet Room	Cut and Blowdry	\$40	4th Prize
P&C Gift	Cup	\$4	4th Prize
Madura Tea	40 Silk Infusions Tin	\$11	4th Prize
Selleys	Waterless Wash	\$13	4th Prize
Majestic Cinema	2 for 1 ticket	\$13.50	4th Prize
Erica Holcombe	Innoxia SkinClear	\$29	4th Prize
P&C Gift	Shower Gel	\$2.50	4th Prize
Stahmann Farms	500g Pecans	\$15	5th Prize
BWS	Gift Card	\$20	5th Prize
Selleys	Waterless Wash	\$13	5th Prize
Majestic Cinema	2 for 1 ticket	\$13.50	5th Prize
Erica Holcombe	Innoxia SkinClear	\$29	5th Prize
Una Thomas	Candle	\$15	5th Prize
FDB's	Runner & 6 Placemat Set	\$15	6th Prize
Selleys	Waterless Wash	\$13	6th Prize
Majestic Cinema	2 for 1 ticket	\$13.50	6th Prize
Erica Holcombe	Innoxia SkinClear	\$29	6th Prize
Erica Holcombe	Innoxia Day & Night Cream	\$28	7th Prize
Erica Holcombe	Neon Cosmetics Lip Gloss	\$5	7th Prize
Majestic Cinema	2 for 1 tickets	\$13.50	7th Prize
Honda	Cap	\$25.00	8th Prize
P&C Gift	Cup	\$4	8th Prize

BridgeClimb In Sydney	I Ticket	\$198	Raffled Separately
HRC Honda Racing	Jacket	\$225	Raffled Separately



The Australian Organisation for
Young People Living with Cancer

Thank you for your support
for Bandanna Day.

We raised \$132.

What a fantastic effort!

Other prizes for presentation night on December 14th:

Lucky Door Prizes

Selleys	Waterless Wash	\$13
Vanessa Andrews	Skin Care Products	\$40
Stahmann Farms	10 x 30g Pecans	\$20
Majestic Cinema	2 for 1 tickets	\$13.50
Majestic Cinema	2 for 1 tickets	\$13.50
Madura Tea	6 x 50 Tea Bags	\$48
Honda	Cap	\$25
Erica Holcombe	Innoxia Eye Makeup Remover	\$13
Erica Holcombe	Short Sexy Hair	\$14
Erica Holcombe	Short Sexy Hair	\$14
Madura Tea	40 Silk Infusions Tin	\$10
V's Nails	Manicure	\$15
Erica Holcombe	Paul Brown Ringlets Shampoo	\$15
	Paul Brown Ringlets Condi- tioner	\$18
Erica Holcombe	Innoxia Eye Makeup Remover	\$13
P&C Gift	Shower Gel	\$2.50
P&C Gift	Shower Gel	\$2.50
P&C Gift	2 Screwdrivers	\$5
P&C Gift	1 Bubblebath	\$2
P&C Gift	1 Belt Hanger	\$3.50
		\$301

Catering Day Raffle

Helga Taylor	Necklace	\$30.00
The Dust Jacket	Cook Book	\$35.00
Mayfield Chocolates	Voucher	\$50
		\$115.00

Lucky Door Yetman

Erica Holcombe	Paul Brown Mousse Gel	\$15
Erica Holcombe	Paul Brown sXgel	\$14
		\$29

RICHARD TORBAY'S VISIT

On Wednesday, 3rd November, Richard Torbay, the State Parliament Member for our area, came to visit the school.

Mr Torbay arrived at about 2pm in a Fleet Helicopter after spending the morning at Bonshaw School. Mrs Wood and the students showed him around the school and asked him some questions about his job in Parliament.

Mr Torbay then planted YPS' giant pumpkin seed before having afternoon tea with the staff, parents and community members who came to meet him. He also gave us \$20 to go towards fertilising our pumpkin, mainly so that ours will be bigger than Lawrence Springborg's!



Some student comments about the visit:

Hannah: "Yesterday Richard Torbay landed in a helicopter on our soccer grounds."

Deuchar: "Yesterday Richard Torbay came to our school and planted a giant pumpkin seed."

Liam: "Yesterday was a funny day because Ani said 'that guy in the black shirt is funny' about Mr Torbay and Louise stood up and said 'homework should be banned'."

Charles: "I asked Mr Torbay how he got to be a speaker in parliament - he said that he had to get the most votes."

Alex H: "I asked Mr Torbay how many schools he visited and he said there were 80 schools in his area and he visited them all."

Missy: "Mr Torbay gave us all a bookmark."

Sophie: "I liked seeing the helicopter land".

Elijah was very lucky to have his photo taken with Mr Torbay, and thought he was very nice.



Thanks to Iris Barry for the photos.



ATTENTION:

**MEMBERS OF THE COMMUNITY
SCHOOL KIDS
PRESCHOOLERS
FAMILIES**

**YOU ARE ALL INVITED TO YETMAN
PUBLIC SCHOOL FOR A FUN DAY TO
HELP RAISE FUNDS FOR THE YEAR
5/6 FAREWELL.**

DATE: THURSDAY, 18TH NOVEMBER

TIME: 10AM - 12.00

***** CAKE STALLS**

***** GAMES AND ACTIVITIES.**

**PRICES FOR THE GAMES WILL RANGE
FROM 50C TO \$2.**

EVERYONE GETS A PRIZE!!!!

Yetman Craft & Market Day

Apex Park

Sunday 5th of December 9am - 3pm

Markets Stalls include:



**jewelry - patchwork - cakes
craft - books - plants
bric-a-brac - and more**



Cuppa & Cakes



**Sausage Sizzle and cold
drinks**



Get your last minute Christmas shopping done here.

For Info or Stalls (\$10) contact Helga 0412 530 713

The Dubbo School of Distance Education has sent us an information booklet about their Preschool, aimed at children who will be starting Kindergarten in 2012. If you would like a copy of this booklet or know of someone who would please notify the office.

New School Attendance Policies and Procedures

Regular attendance at school is essential if students are to maximise their potential. Schools, in partnership with parents, are responsible for promoting the regular attendance of students. While parents are **legally** responsible for the regular attendance of their children, school staff, as part of their duty of care, monitor part or whole day absences. If your child has an attendance rate of 85% or less we are required to refer your child's attendance to the home School Liaison Officer. If the attendance rate drops to 70% or less it is mandatory that we report this to DOCS and the Child Wellbeing Unit.

Parents are responsible for:

- ♦ Enrolling their children of compulsory school age in a government or registered non government school, or registering them with the Board of Studies NSW for home schooling
- ♦ Ensuring that their children attend school regularly
- ♦ Explaining their absences from school promptly and within seven days to the school
- ♦ Taking measures to resolve attendance issues with their children

School Staff are responsible for:

- ♦ Providing a caring teaching and learning environment that fosters students' sense of well being and belonging to the school community
- ♦ Recognising and rewarding excellent and improved student attendance
- ♦ Implementing programs and practices to address attendance issues when they arise
- ♦ Providing clear information to students regarding attendance requirements and the consequences of unsatisfactory attendance
- ♦ The Principal or delegate will undertake all reasonable measures to contact parents promptly and within two days of an unexplained absence occurring
- ♦ Principals may decline to accept as satisfactory an explanation for an absence. The parent should be advised that the explanation has not been accepted and a reason for the decision provided
- ♦ Principals may request medical certificates or other documentation when absences explained as being sick are frequent or prolonged. Medical Certificates are not sacrosanct documents. Where principals have concerns about medical certificates, they can ask the parent to request that the doctor write on the certificate the statement 'this child is unfit for school' with specified dates included
- ♦ Where Principals have ongoing concerns they can request the parents' consent to contact the Doctor

In accordance with Departmental guidelines, Absentee Notices-Compulsory School Attendance notes will be sent home 3 times per week. This will ensure that we are asking for explanations for absences within the 2 day period that is required of us.

Please don't be upset when you receive one of these notices, this is mandatory and we ask that parents return the notice as soon as possible and within the 7 day allowable time frame. Once the 7 days has elapsed the absence will be recorded as unjustified and we are unable to change this.

To contact the school to explain absences:

- ring 07 4675 3150
- email: yetman-p.school@det.nsw.edu.au
- fax 07 4675 3102



St George Cricket Club Junior Development Clinic

st.george

INVERELL: 19TH - 20TH JANUARY 2011.



St George Cricket Club in association with Impala Cricket, is pleased to announce it's Junior Development Clinic from the 19th to the 20th of January 2011.

A fabulous opportunity to develop and improve juniors and teenagers cricketing skills, with a host of experienced 1st Class and 1st Grade cricketers with Cricket Australia Coaching Accreditations and co-ordinators of Cricket Clinics in Australia, England and West Indies.



Come and Join us!

Ages: 7-17 years (Boys & Girls)

Where: Varley Oval, Inverell

When: 19th - 20th January 2011

Wed 19th: 8.30am* - 3.30pm (*Registration)

Thur 20th: 9.00am - 3.30pm.

Cost: \$120 per person. (including coaching, cap, water bottle, vouchers and a certificate)

Former camp attendee, JOSH HAZELWOOD. Look where he is now!!

Junior Association is cooking a BBQ if you wish to purchase lunch on the day.

Selling fast:

For bookings and further details please contact:

Jeff Cook on (02) 6761 2200 ,

Email: jeff@struddystamworth.com

or Graham Kent on 0427 255 500.



SCHOOL CAPTAIN'S REPORT

We have just had 'Beach to Bush' on Tuesday and it was really good! Barney and Nathan from the Surf Lifesaving in Sydney talked about CPR and rescues. They also told us not to swim outside of the flags when we go the beach. I think most of the kids learned how to save somebody's life.

Sarah Hamilton



Breathe easy for parents: Kids and Asthma Medications

The aim of good asthma management is to ensure your child can lead a normal healthy life, while taking only as much medication as is needed to stay well and avoid asthma attacks.

Children diagnosed with asthma are usually first prescribed a reliever medication. This should be used whenever symptoms occur, and should be kept with them at all times. If your child is still having regular symptoms despite using the reliever, the doctor will then add a preventer medication. Using a spacer with a puffer can help increase the amount of medication that gets into the lungs, which may mean fewer side effects, fewer doses, and less worry about coordinating breathing in with squeezing the puffer. Spacers are recommended for all children under about 10 who are taking inhaled medications (but they can only be used with a puffer device).

If your child is under 5, they should use a smaller spacer, and under 3's should also use a mask. Older children can usually take reliever medication through a puffer when they are relatively well (e.g. before exercise) but should still use a spacer for reliever medication during an asthma attack.

Children should have regular reviews with their doctor to check their medication, any symptom issues, and update their action plan. If your child has been on the same preventer medication for a few months and seems stable, talk to your doctor about trying a lower dose. Never reduce the dose on your own without talking with your doctor first. Finally, it is important that the people caring for your child are aware that they have asthma. You should keep them informed if there have been any recent changes to your child's medication or condition, and make sure you give them a spare reliever medication just in case they need to help your child.

More questions? Please visit www.asthmafoundation.org.au or call our Infoline 1800 645 130

THE GREAT AUSSIE BUSH CAMP

Here are some pictures of the exciting activities we have planned for the excursion

