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YETMAN PUBLIC SCHOOL

Week 8, Term 4

Monday, 29th November, 2010

PRINCIPAL'S REPORT

What's Coming Up?

Tue, 30 November
Scripture Play 2pm

Wed, 1 December
Year 5/6 Farewell Day

Thur, 2 December
Community Health
Nurse Visit

Friday, 3 December

- Year 5/6 Fun Day
- North Star Social

6-10 December
Swimming School

Monday, 13 December
Walla Rugby Day

Tues, 14 December
Presentation Night

Wed, 15 December
Final Day of School

Mon, 7 February
First Day of School for
Years 1-6 for 2011

Tue, 8 February
First Day of School for
Kindergarten Students

Great Aussie Bush Camp

Miss Nixon, Mr Wood and I are still trying to recover after our fantastic week away. I would like to compliment each and every one of you for your child's behaviour. Not only were they complimented by the staff at the camp but by the public when we were out and about. One lady at the beach made the comment that she had never seen children who cared so much about each other or played so well together with such lovely manners. The whole group was an absolute delight to have and certainly made our and our camp instructor Flossie's (who I am sure you have heard about) jobs easier. The owner of the camp came and saw me before I left to thank me for making their job so easy and comment on our wonderful children. He did also say that Floss would have to have Year 9 this week just to bring him back to reality.

I would especially like to mention how proud I was of our younger students, they all had a go at everything and were on the whole more organised with their things than the older children. It was lovely to see the interaction between all the children and the way the older students would help the younger ones when needed.

We have hundreds of photos from the camp and we will be making CD's for the children so please don't worry if your child did not have time to get their cameras out, we certainly made up for it. After all what else could I do, there was no way I was getting into one of those harnesses!

Community Health Talks

The community nurse had to cancel her last visit due to the rain so she will be here this Thursday instead. Notes are coming home today and if you do not wish your child to be involved in any of the sessions please let us know in writing before then. These sessions are very worthwhile and will cover topics that are relevant to the students.

Year 6 Fun Day

This Friday year 6 will once again attempt to have their fun day which was also cancelled due to the rain. Activities will start at 50c and there will be something for everyone. Please send your child to school with their money in a zip lock bag or wallet/purse.

Swimming

Our swim school kicks off next week. Students will come to school as normal and we will leave here at about 10am. We will be practising our presentation night performance so it is important that we have everyone here. Buses will drop children who live on the Goondiwindi road home after swimming. This year the school is covering the total cost of swimming. Your child may bring a small amount of money to buy a cold drink or ice cream from the pool canteen.

Wallaby Visit

Warialda High has been very clever and has won a day with the Wallabies for the excellent work they did including football into each subject for a week. They have very kindly invited us to share this wonderful opportunity. We will all travel to Warialda on Monday the 13th to join in the fun. I am sure that I will not have any trouble with parent helpers for this event and notes will go home shortly with the full details.

SCHOOL CAPTAIN'S REPORT

Last week we had our Yearly Excursion to the Great Aussie Bush Camp. This year the whole school went instead of just the primary class. I think everybody enjoyed it. There were heaps of activities above ground, like the staple climb, high ropes, dual flying fox and the giant swing. There were plenty of activities on the ground too like the raft building, canoeing, beach activities and bush walks.

This will be my last captain's report for Yetman because next year I am going to boarding school. Thanks for reading my reports.

Harkie Holcombe




P. & C. Report and Canteen Report

P & C NEWS

There will be a P&C Meeting on Thursday, 2nd December at 1 pm.

CANTEEN NEWS

 Today was the final Canteen Day for 2010. Thanks everybody for your support throughout the year.

Regards
Erica Holcombe

A CHRISTMAS RECIPE

ANGEL CRISPS

Ingredients

1/2 cup sugar	1/2 cup brown sugar
1 cup shortening	1 egg
1 teaspoon vanilla	2 cups flour
1/2 teaspoon salt	1 teaspoon baking soda
1 teaspoon cream of tartar	water for dipping
sugar for dipping	

Cream shortening, sugars, vanilla and egg. Add dry ingredients. Roll in walnut size balls. Dip top in water, then in sugar. Place sugar side up. Dent top with finger. Bake at 350 degrees for 8 to 10 minutes or until edges are golden brown. Put on cooling racks until cool. Store in an air tight container.

MERRY CHRISTMAS EVERYONE!



ATTENTION:

**MEMBERS OF THE COMMUNITY
SCHOOL KIDS
PRESCHOOLERS
FAMILIES**

**YOU ARE ALL INVITED TO YETMAN
PUBLIC SCHOOL FOR A FUN DAY TO
HELP RAISE FUNDS FOR THE YEAR
5/6 FAREWELL.**

DATE: FRIDAY, 3RD DECEMBER

TIME: 10AM - 12.00

***** CAKE STALLS**

***** GAMES AND ACTIVITIES.**

**PRICES FOR THE GAMES WILL RANGE
FROM 50C TO \$2.**

EVERYONE GETS A PRIZE!!!!

Yetman Craft & Market Day

Apex Park

Sunday 5th of December 9am - 3pm

Markets Stalls include:



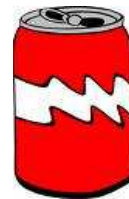
**jewelry - patchwork - cakes
craft - books - plants
bric-a-brac - and more**



Cuppa & Cakes



**Sausage Sizzle and cold
drinks**



Get your last minute Christmas shopping done here.

For Info or Stalls (\$10) contact Helga 0412 530 713



NORTH STAR SOCIAL REMINDER

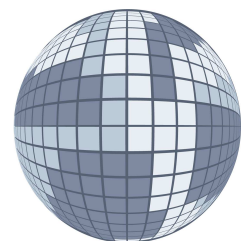
Friday December 3rd, 2010

5.30 to 8.00 pm at the North Star Club

Free sausage sizzle

Refreshment available

Ph: Sarah Coleman 0427 760415 for more
information.



FOOTBALL SOUTH WEST QUEENSLAND

FREE

COME & TRY HOLIDAY CLINIC

Want some fun over the holidays, then join up for **our holiday clinic in Goondiwindi**

Football SWQ Coaching staff will include some of SWQ 's accredited coaches and or current experienced players like:

Highly accredited coaches from the SWQ REBEL SPORT JPL teams
Current senior players from the SWQ U/19"s, SWQ Toowoomba Raiders

**Starting times :- 9.00am – 10.30am Age group - Under 6-8's
10.45am – 12.45pm Age group - Under 9-12**

Venue:- Goondiwindi (location to be advised)

Age Groups and Times may be adjusted, depending on the number of players. You will be notified prior to the start of Day one, if any changes are required.

What to bring on the day; Drink bottle, Playing equipment (boots, shin pads), Ball, Hat, sun screen

Inquiries – Please contact :- David Nugent Mobile 0448 325 062 or email fundamental.footballgroup@yahoo.com.au

Please cut here and send form to - Football South West Queensland P.O. Box 963 Dalby Qld

REGISTRATION FORM

I, parent / guardian would

like age.....
to attend the Roos Goondiwindi - Football SWQ Holiday clinic on the 17th,
18th, 19th January

Signed:

Ph:.....

E-mail:.....

All participants MUST be FFA Registered Players to be eligible to attend this clinic.

Completion of application ensures attendance and acceptance at this Clinic



St George Cricket Club Junior Development Clinic

st.george

INVERELL: 19TH - 20TH JANUARY 2011.



St George Cricket Club in association with Impala Cricket, is pleased to announce it's Junior Development Clinic from the 19th to the 20th of January 2011.

A fabulous opportunity to develop and improve juniors and teenages cricketing skills, with a host of experianced 1st Class and 1st Grade cricketers with Cricket Australia Coaching Accreditations and co-ordinators of Cricket Clinics in Australia, England and West Indies.



Come and Join us!

Ages: 7-17 years (Boys & Girls)

Where: Varley Oval, Inverell

When: 19th - 20th January 2011

Wed 19th: 8.30am* - 3.30pm (*Registration)

Thur 20th: 9.00am - 3.30pm.

Cost: \$120 per person. (including coaching, cap, water bottle, vouchers and a certificate)

Former camp attendee, JOSH HAZELWOOD. Look where he is now!!

Junior Association is cooking a BBQ if you wish to purchase lunch on the day.

Selling fast:

For bookings and further details please contact:

Jeff Cook on (02) 6761 2200 ,

Email: jeff@struddystamworth.com

or Graham Kent on 0427 255 500.





familiesNSW
supporting families to raise children



At Parent Line we are dedicated to helping families develop richer, more rewarding relationships and create safer more nurturing environments for children to grow and develop into happy, healthy, confident, contributing young adults.

Worries

Worrying is part of life. We all do it. Yet as parents it's often really hard to see your child worrying. We all want them to live a worry free childhood.

When children enter school they are expected to manage many things in their new environment independently. Managing children's worries is one of the top reasons parents call our counsellors when their child is between 6 and 12 years old.

Children in Kindergarten to Year 2 might worry about things like managing their toileting, relationships with their teacher and peers, remembering to bring their readers in, whether their school bag is the right one and managing the school bus. In Years 3 to 6 worry might be about fitting in, how they look, whether they are keeping up in class, able to participate in sporting activities, feeling competent and being 'cool'. There is a lot of worrying going on, which is normal and understandable. It is always challenging to manage a new milestone and a new environment.

It is a given that we will all worry about things from time to time. So the question for parents is – how can we help our children learn how to manage their worries? Here are a few tips from our counselling team:

Name the feeling

It's important to name the cluster of feelings and thoughts as worries for children. Children often don't have words for what they are feeling. Having a word and a way to explain it makes it easier for the child to understand what is happening and to talk about it. It means that it is a real experience, that others have had it too. A parent may respond by listening to the child and naming the feeling, saying something like "Hmm. It sounds like you're worrying about the swimming carnival".

Validate the feeling

A powerful tool parents can use with worries is to validate the child's feelings. We often hear parents say "Oh don't worry about that, it's nothing!" Parents might have forgotten how challenging these "little issues" are for children. An invalidating response can leave the child feeling worse, and without any skills to deal with the issue causing worry.

There are many opportunities for parents to coach their children to manage their feelings of worry. A parent might respond by saying "It sounds like the swimming carnival is really worrying you. I guess it's a big day at your school. What are some of the things about the swimming carnival that worry you?"

Once the feelings are clear, and the particular issues are named, it is easier to deal with some of the actual situations that might be causing the worry.

Normalise the feeling

It is great for children to hear that parents and other adults have these feelings as well and that they have managed to find ways to deal with them. So the parent might say "You know I sometimes worry about things I'm unsure about as well. It always seems a little bit better once I've talked to someone and I also do some other things to help me when I'm worrying. What helps you when you're worried?"

The counsellors at Parent Line can help you come up with some strategies that might work for you and your child. It might be a visualisation activity, a breathing exercise, a way to change the thinking around the worry and many more. There are lots of things we can do to help children develop skills in managing their worries.

If you are interested in helping your child develop some of these skills or if you have concerns about the level of your child's worries, call us at Parent Line on **1300 1300 52**. Our telephone service is available **24** hours a day, 7 days a week, along with our website www.parentline.org.au for more parenting information.

NERAM SCHOOL HOLIDAYS

ARTPLAY

12th – 21st January

10am - 12 noon
Booking essential

MY HOME MY LIFE

– age 8 and up



Using a selection of personal objects brought from home. Participants will explore the still life genre in mixed media.

• Tuesdays, Cost \$10

FRUIT FUN

– age 5 and up



Create colourful papier mache fruit

Wednesdays, Cost \$10

3D IN CLAY

– age 5 and up



Interpreting your own face in three dimensions.

Thursdays, Cost \$10



Call 6772 5255 for information & bookings

Gallery Open

Tue - Fri 10.00 am - 5.00 pm

Sat & Sun 10:00 am - 4.00 pm



**Museums
& Galleries
NSW**

Kentucky St Armidale NSW 2350 | 02 6772 5255 | www.neram.com.au | office@neram.com.au

FOUR QUEENS OF JAZZ

FOUR MICROPHONES. FOUR VOICES. FOUR QUEENS

Jazz in the Garden

Presented by the Moree Arts Council

Sponsored by Rabobank

Thursday 2nd December 2010

Bring a picnic and rug/chair to the garden.

33 Hassell Street, Moree

6.30pm entry to the garden

7.30pm performance

Tickets: \$30 adults

Tickets available from

My Store, Heber Street Ph. 6752 5322

Sylvia's Fabrics, Heber Street Ph. 6752 2844

Wet weather venue: Moree Memorial Hall

Macintyre Young Writers

Congratulations to Lily, Charles, Alina and Alexander H, who were presented with their Macintyre Young Writers' Awards on November 11th.

Pictured are Charles and Alexander with their certificates.

