

Yetman Public School

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Week 8 Term 3 Thursday 13 September 2018

From the Principal's Desk

'What an amazing, well-mannered group of kids," was the general comment from every place we visited on our Canberra/Perisher excursion. This sentiment is definitely echoed by the teaching staff who accompanied the twelve wonderful students on the excursion. The students embraced learning from every place we visited, asking thoughtful questions and participating in all activities. All demonstrated the ability to use their 'You Can Do It!' keys of Getting Along, Resilience, Persistence (particularly with skiing), Organisation, and Confidence. Thank you to the P&C, and everyone who supported the fundraising efforts, for helping us to make the excursion a reality. It was definitely an excursion that all students will remember for a lifetime.



From time to time, as part of our community engagement, I will be sending school policies home for comment and reflection. The policy we are looking to review this term is the 'Student Wellbeing Policy'. This policy incorporates discipline, wellbeing, anti-bullying, attendance, work health and safety and child protection. It also outlines the responsibilities of school staff, students, parents and the wider school community. Comments on the policy can be returned to school by Friday 28 September 2018.

Warmest regards,
Charmaine Johnston

Student Reporters

War Memorial at School Camp

As you looked sideways to the wall all the poppies blended together to make a field of red flowers that stood brightly against the cement wall, filled with millions of names of the people who died in war.

The Yowies went to the National War Memorial of Australia when we went to Canberra. It was pretty cool and not just a memorial but also a museum. We saw all the history of WW1 and WW2 through very realistic dioramas and real artefacts. We also went into the main hall and there was all the information of the planes that they used. There was a massive plane about the size of the yowies classroom, learning centre and the office, and that was only the middle section. There was so many I amazing artefacts like the German submarine that sneaked into Sydney harbour during WWII. After that we went to the memorial part of it and we went to the famous walls for the millions of names of the people that gave their life for our freedom. We also went to the Tomb of the Unknown Soldier. That was really unbelievable and sad at the same time as we thought about all the soldiers who were still missing. The building itself was really tall and the roof was a massive dome with really cool patterns engraved into it. Overall it was really fascinating and we learned so so so much about the war years, and what it was like at home as well. It was such a huge place that we didn't get to properly look at everything- you would need a whole day to do that! It was so cool because we threw coins into the pool with the fire pot in the middle so we hope to go back there again!

Embassy Drive

I've only read about Embassy Drive in books and stories, but now the whole of the Yowie class got to actually see it in real life! Embassy Drive is when other countries all around the world have political places in Australia. So we have bits of America, England, New Zealand and Sweden in Australia. Those were only a few Embassies that we saw as there are around 80 embassies in Canberra. It was really cool seeing all the different types of architecture; for instance China had curved roofs and lots of red lanterns, and the U.S.A was big and made of pretty white brick with fancy gates and doors. We also saw the Polish Embassy, and since we are doing Poland for our C.W.A presentation we stopped and took a nice picture for the slideshow! I thought it was so cool to see all those Embassies in just one neighbourhood!

By Olivia



YPS UPCOMING EVENTS

SEPTEMBER	TUESDAY 18	POWERPOINT PRESENTATION TO CWA LADIES - 2PM
	THURSDAY 20	READING HOUR + DROUGHT FUNDRAISING LUNCH DOLLARMITE BANKING ** NO CANTEEN **
	FRIDAY 21	REGIONAL ATHLETICS IN TAMWORTH - RELAY TEAM
OCTOBER	MONDAY 24	BANDANNA DAY + CUPCAKES FOR CANCER
	THURSDAY 27	DOLLARMITE BANKING ** NO CANTEEN **
	SAT 28 SEPTEMBER - SUN 14 OCTOBER	SCHOOL HOLIDAYS
	MONDAY 15 OCTOBER	SCHOOL RETURNS FOR STAFF AND STUDENTS
	THURSDAY 25	DOLLARMITE BANKING + CANTEEN KINDERGARTEN TRANSITION - 9AM TO 11:30AM

BIKES FOR TENDER

Tenders are being called for equipment that is deemed surplus to school requirements.

There are 20 bicycles of various sizes to be sold.

Tenders must be received in writing at the school by 3pm on Friday 21 September.

Please include whether you would like a male or female bike, and the age of the child it is for.

Note that the highest tenderer may not necessarily be the successful tenderer.

Successful tenderers will be advised on Monday 24 September.



For more great photos that we didn't have room for in our newsletter, go to:
<http://www.yetman-p.schools.nsw.edu.au>; or to our Facebook page.

Student Reporters

High Court



"We've been invited to the biggest party of the century" said the children in the video. They were talking about the constitution and how it was made in 1901. On Tuesday we went to the High Court, the highest court in Australia. The High Court was officially opened on the 26th of May 1980 by Queen Elizabeth. If you don't win your case in the magistrate's court you can appeal, which means you can go to the next court, the NSW Supreme court. Then if you dispute the decision you can appeal to the High Court; but you can't go past the high court. There are three courtrooms: two of them cover almost everything but one covers only constitutional laws and needs one chief justice and six justices. In the other two rooms that do everything there is one chief justice and four justices. We were told an interesting story about a lady who slipped on a hot, greasy chip and took it all the way to the High Court! Amazing!

By Demika

Ten Pin Bowling

Sssstrike! all ten pins go rolling down.

It's Monday night - party night - because we are going ten pin bowling. We had to get special shoes so we didn't slip over. We had 3 teams and 2 rounds. At 9:30 it was party lights time that when for about 20 minutes. Then we danced to the music. When that was down we went back to our cabins and did our five senses in our little booklet and then went straight to bed. I think that everyone went straight to sleep.

By Sophie

Telstra Tower

Wow this is very tall and I am scared of heights. It is making me sick looking out of the window because the tower is 195.2m tall. These are thoughts running through my head as I bravely look over the balcony of Telstra Tower. The Telstra Tower was made to give Canberra more telephone and television service. It is 195.2m tall and it lights up with pretty lights at night. My favourite colour was pink. The Telstra Tower is on the top of Black Mountain.

By Georgina

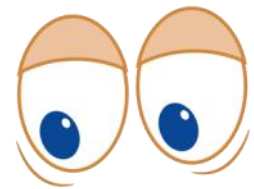
PACER

Parliament and Civics Education Rebate

The Year 3-6 students from our school have recently undertaken an education tour of the national capital. Students were given an opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$30 per student for those in Years 4-6 under the Parliament and Civics Education Rebate Program. The rebate is paid directly to the school upon completion of the excursion.

From your Library



We have two great authors coming to our library on 20 September to speak to us about their books and read to us as well - Mick Elliott and Olivier Phommavanh! Make sure you make them both welcome and ask lots of questions too.

All community members are invited to come along and meet the authors, and join us for a BBQ lunch at \$10 per head.



Mick Elliott



Olivier Phommavanh

Good for Kids good for life

CRUNCH&SIP® AT HOME

Crunch&Sip® is a set time during the school day where children are encouraged to eat a fruit or vegetable snack and drink water.

Why not continue to have a Crunch&Sip® break at home on weekends and during school holidays.

You could make it into a fun game such as:

- Choosing a variety of vegetables and seeing which one makes the biggest crunch.
- Try to make a rainbow out of the fruits and vegetables in your home.
- See who can make the funniest face using pieces of vegetables.



PHONE 49246299

Good for Kids good for life

RECIPE: HONEY SOY CHICKEN STIR-FRY

INGREDIENTS	QUANTITY
Chicken breast, cut into strips	500g
Soy sauce	1/4 cup
Honey	2 Tbs
Garlic, minced	2tsp
Carrot cut into strips	2
Onion cut into wedges	1
Capsicum cut into thin strips	1/2
Udon noodles	2 x 200g



METHOD

1. Combine chicken with soy sauce, honey and garlic. Set aside for 5 minutes to marinate.
2. Heat oil in wok or frying pan over high heat. Drain chicken from marinade and stir fry in batches until just cooked through. Remove from wok and set aside.
3. Add vegetables to wok and cook lightly, stirring constantly.
4. Return chicken and reserved marinade to wok with noodles and toss until heated through.

Tips: You can add as many vegetables as you like including: green beans, snow peas, mushrooms, zucchini, bok choy etc.

Source: Kidspot



PHONE 49246299

Student Reporters

Camp Quality Puppet Show

'Hello I'm Kylie and I suffered Leukaemia but I had a special medicine called Chemotherapy which saved my life but made my hair fall out. Chemotherapy is a medicine that is so powerful that if you have some it will make your hair fall out but it is only used if you have some sort of cancer.' On Tuesday the 11th of September Camp Quality came and talked to us about cancer by they putting on a puppet show. The puppet show was about a girl called Kylie who had Leukaemia and she has to have a speech to say in class. They had to talk about what their super-power was but she didn't know what it was so she asked her friends. They tried to help but couldn't until her friend Dean dressed up as a villain called Cancer. But she wasn't afraid so Dean said your superpower is being brave so she finally said her speech. Camp Quality was amazing because it helped us learn about different cancers and how we can help people suffering from cancer.

By Chris

Questacon

BZZZZZZZZZZZZZZZZZZZZZZzzzzzzzzzzzzzzzzzzzzzz! We were at Questacon and we were having so much fun. We enjoyed seeing lightning, and the earthquake room which shows you how earthquakes are made. Also there was a machine which showed you a mini tornado.

Also we went to the 6.5 metre drop to test gravity. It was a slide where it went straight down a steep 6.5 metres. And we all did it! It was so scary. It was so cool. Other things we explored were sound, light, construction and robots.

By Fred

The Mint

SHHHHHHHHHH!!! That was the loud sound of the 750kg drum of blank coins pouring into a container ready for imprinting. This is where coins are imprinted with pictures on them. There are many robots in the mint: my favourite was Titan, a robot that can pick up 1 ton. That is a lot! The amount of coins that are made in a day is around two million coins. I don't know how much that weighs, but it is amazing.

A coin that we saw was the holey dollar, and the dump; the first coins made in Australia. The holey dollar looks like a coin with hole in the middle of it, and the dump comes from the holey dollar. A forger was told to make new coins from ones sent from England during first settlement and this is what he decided to do: split 1 coin into 2. The dump comes from the hole from the holy dollar. It is worth a lot of money now if you can find one! When we were about to leave we went shopping. I made two coins for \$6 as mementos.

By Oscar



Student Reporters

Dinosaur Museum

Did you know that the T-Rex is closer in time to us then it is to the Plateosaurus' time? As Yetman came into the dinosaur museum we were amazed there were so many fossils. There were fossils from the Triassic, Jurassic, Cretaceous and the Megafauna period. Did you know that Argentinosaurus is the heaviest dinosaur which weighed up to 70,000 kg? Isn't that amazing?!

By Aiden



AIS

BROOM, BROOM the bus makes its way to the Australian Institute of Sport (AIS). When we went into to AIS centre we all took some pictures of the racing bikes and shoes and clothes of the Olympians. Sophie from AIS took us on a tour. First we went to the play centre and there was a lot of sports to play like bike riding, soccer, canoeing, skiing, skeleton, wheelchair racing, basketball, football, rock climbing and rowing.

After the play centre we went outside and we went to all of the training rooms. First we went to the gymnastic training room, then we went to the volleyball training room, the gym and the swimming pool. We learned that it was built to train athletes for the Olympics.

By Ellie



Student Reporters

Car Rally-Starlight Foundation

Beep Beep was the sound we all heard as all the cars from the Outback Car Trek came to Yetman again with different cars (but not as many.) We did some performances and also got goody bags!! The Starlight Foundation has raised a lot of money for children in hospitals all across Australia to get their Starlight wishes. They taught us a lot about Captain Starlights all over Australia and how they cheer up injured and sick kids. Thank you Mrs Frankcom for making the amazing cake.

By Demika



Aurora College

The virtual selective school for rural and remote students

Aurora College is NSW's first virtual selective school, offering a mix of online and residential school classes. The school provides innovative, flexible learning in a whole new context, by allowing students to connect locally and learn globally.

Aurora offers selective classes in English, mathematics and science to gifted and talented Year 7-10 students from rural and remote areas across NSW. Students connect with their teachers and classmates in timetabled lessons through a virtual learning environment.

The college also gives Year 11 and 12 students the opportunity to study subjects not available in their own school. For details please visit our website.

Aurora College offers students expanded career options through innovative partnerships with businesses and with scientific, cultural and tertiary education institutions.

Students in the selective stream are chosen in the same way as students in all other selective classes in NSW government schools.



Education
Public Schools

Applications for entry into Year 7 in 2020:
Open 9th October 2018
Close 12th November 2018

Visit Selective High Schools website
<http://bit.ly/shs2019>

For further information about Aurora College, visit the our website
www.aurora.nsw.edu.au | or phone 1300 287 629

Student Reporters

CWA Project

I have to admit, this year I think, we have done the BEST EVER CWA powerpoint presentation. The whole Yowie class did their own designated slides, finding all the information and writing it and then I did the editing, pictures and layout. This year the country was Poland, it was a very interesting country. For instance there's a Prime Minister AND a President. We all learnt so much about the history, geography, education, and things like food, dress, animals and plants, customs, agriculture and language. When the Yovies went on camp to Canberra we went to Embassy Row and we even saw the Embassy of Poland. We took a picture and put it in the slide! The All Stars class also contributed for the whole school made collages of the flag



and painted the national flower in watercolour, we also put a picture of them in a slide for extra brownie points! The presentation itself is colourful and jam-packed full of awesome information and really cool facts and pictures that support the information we put in the slide. Each slide has its own layout and background colour but they are all linked together because there is the same background pattern in most of the slides. It looks pretty amazing!! We have submitted our presentation so all we can do now is cross all our fingers and toes and hope the CWA likes it! We are also looking forward to presenting our powerpoint to the Yetman CWA ladies next Tuesday afternoon.

By Olivia



This is a reminder that we are an allergy aware school. Could you please consider this when preparing your children's lunches and seek alternatives to nut and egg products?



Rex, Sophie and Lily GETTING ALONG in Week 3!

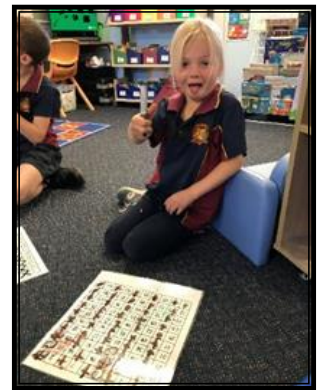


Congratulations to Aiden, Rex, Sophie and Filippa for showing RESILIENCE in Week 6.

K-2 All Stars News

What a fabulously busy time we have had this term in the classroom! We have been super busy in the All Stars room writing stories using as many of our Seven Steps for Writing as we each could. These stories will be entered into the Macintyre Young Writers Competition. We have also explored the text structure of Haiku poetry and syllabification. To finish off the term we will go back to learning about Persuasive Text and write some examples of this type of text.

In maths we have been equally busy. We have worked on adding and subtracting, multiplying and sharing groups, length, 3D shapes, time and money. We have had lots of fun while learning about these concepts. We have made 3D shapes using playdough and polydron, measured things in our classroom and playground using informal measurement and played "shops" when working with money (even a trip to the Yetman Store to practice our money skills).



As so many children were either sick or away last week we decided to postpone our class excursion to the Living Classroom at Bingara as we would like all the class to participate in this educational experience. We will reschedule this excursion early in Term 4.

ART

In Art we have been working with clay. Our first project was to use slab construction to make a replica of our feet. These will be positioned into the pathway of the Sensory Garden which is currently under construction. Our second project will use coil and pinch pot construction to make chickens. In preparation we have observed our school chickens and images on the computer before drawing a chicken. These are some of the All Stars drawings.



Student Reporters

National Museum

Whoosh! That's the sound of the National Museum doors opening. When we came in we saw Aboriginals tools like the boomerang and the spear thrower. These were objects before European contact and they were made of natural materials. Following contact, Aboriginal people used metal and rope on their tools.

After our talk we went to a special, sealed room where the precious artefacts are kept. They can only leave the light on for an hour or so a day to protect the artefacts. There was a boat, poisoned weapons, guns, a model of an English ship, spear throwers and boomerangs. We had to do a test where we had to find the objects from before and after contact.

When we were wandering around we saw Phar Lap's heart. it was green with a chunk cut out of it so you could see the inside of it. It was huge! There were even horse trophies from all different Melbourne Cup races. We sat inside a giant digger and got photos. It was very interesting learning about many parts of Australia's history.

By Sam





During September, the Healthy Kids Association holds Fruit and Veg Month.

Below is some information about the competitions they are running:

Fruit & Veg Month 2018 – 'Happy Fruit & Veg'tember!' Family Challenge

As part of Fruit & Veg Month, Healthy Kids Association has partnered with Harvey Norman, Foost, and Harris Farm Markets for this year's family challenge.

Only 1 in 20 Aussie children (and adults!) are eating enough fruit and vegetables. So, this Fruit & Veg Month, we challenge families to get adventurous! Include a new fruit and vegetable each week over the month of September and let us know how

you went.

There are three prize packs to be won. Each pack is valued at over \$350 RRP and includes a Breville Searing Slow Cooker, Foost healthy shopping pack (including a trolley bag, reusable shopping bags, meal planner and shopping planner) and Harris Farm Markets vouchers.

Go to the Fruit & Veg Month webpage (www.fruitandvegmonth.com.au) and click on the link to the Happy Fruit & Veg'tember Family Challenge webpage for more information and entry details.

Fruit & Veg Month 2018 – 'Happy Fruit & Veg'tember!' student competition

As part of Fruit & Veg Month, Healthy Kids Association has created a writing and drawing competition for students.

To promote the theme of 'Happy Fruit & Veg'tember!' students are asked to write about a fruit or vegetable that makes them feel happy.

One student entry from each primary school year (K-6) will win a \$50 book voucher.

Selected entries may be published in Healthy Kids Association digital and print communications. Entries will be de-identified before publishing.

Entry forms are included in the newsletter. If your child wishes to participate, completed entries are to be returned to the school by Monday 24 September. If you have any questions or queries about the competition, please contact Mrs Kilner.

Fruit & Veg Jokes

What kind of shoes are made from banana peels

Slippers!

What's a vegetable's favourite martial art?

Carrot-eee!

What vegetable likes looking at animals?

A zoo-chini!

What's the strongest vegetable?

A muscle sprout!

What sort of exercise does fruit do?

Avo-cardio!

How do you fix a broken tomato?

With tomato paste!

What's green and comes down a mountain in the snow?

A skiwi!

Why was the green pea laughing?

Because she was hap-pea!

Why shouldn't you tell secrets on a farm?

Because potatoes have eyes, beans-talk and corn has ears!



Happy Snacks



Happy snack cups

1. Provide a selection of cut up fruit and vegetable items
2. Students fill a cup with their chosen items
3. Add a topping – a dollop of yoghurt for a fruit salad cup or some cheese or dip (e.g. hummus or guacamole) for the vegetable cup.

Cucumber boats

1. Top and tail a cucumber and slice lengthways
2. Spoon out the seeds to make long boat/ U-shape
3. Cut into ~5cm long pieces
4. Mix some cottage or ricotta cheese with some finely chopped fresh herbs of your choice (parsley, basil, spring onions etc.)
5. Fill the pieces of cucumber with the cheese mix and serve

Cucumber dip bowls

1. Cut cucumber into 3-4cm lengths
2. With a teaspoon or melon baller, remove $\frac{3}{4}$ of the seeds to create a small cup
3. Fill the cup with hummus or guacamole and serve with assorted veggie sticks or wholegrain crackers

Grilled banana skewers

1. Peel banana and cut in half length ways
2. Insert skewer that has been soaked in water and grill each side until grill marks are visible and banana starts to caramelise
3. Serve with sprinkled coconut or cinnamon

Baked kale or Brussel sprout chips

1. Remove kale or Brussel sprout leaves from their stalk
2. Wash, shake dry, then pat dry with paper towel or a clean tea towel
3. Use olive oil spray to lightly cover the leaves
4. Add kale to a lined baking tray and bake at a medium heat (pre-heated) for 10-15 mins or until the edges are lightly brown. Check regularly to make sure they don't burn

Veggie vases

1. Cut a slit in multi coloured cherry tomatoes and slide in a small floret of broccoli or cauliflower
- Source: <https://www.parents.com/recipe/veggie-vases/>

Banana man

1. Cut bananas into 3 cm pieces
 2. Dob a spoonful of cottage/ricotta cheese on each piece of banana
 3. Press the sultana (the eyes) and dried apricots (the smile) into the topping to make a smiley face
- Adapted from: A practical guide for implementing the NSW healthy school canteen strategy. Canteen menu resource 2017. Northern NSW Local Health District.



Student Reporters

Parliament House

Click, Click! photos were getting taken of us standing at the bottom of the marvellous Parliament House with two guards standing out the front to make sure no one bad people can get in and put the new Prime Minister in harm.



Finally we were walking in but we had to put our stuff in a scanner so they know what we are taking into the Parliament House. When we were walking in we noticed that the floor and posts holding it up were made from different kinds of marble like black marble with fossils in it and green marble that represents tea tree forests.

We also got to go upstairs to the bottom of the flag post and saw the War Memorial all the way down the street. Afterwards we had our tour and we went to see the House of Representative which is green and the Senate which is red. We also got to see the wall of Prime Ministers and did you know that one of the Prime Ministers was only Prime Minister for seven days before he got voted out by his party. He only stepped in because the Prime Minister died.

Fun fact: there are 2500 clocks in Parliament House and 4500 rooms. We got to have a photo standing up close to the statue of the Queen.

By Chris

The logo features a large yellow circle with a blue border. Inside the circle, the text "PLATYPUS PADDLERS SWIM SAFE PROGRAM" is written in bold, red, sans-serif capital letters. Surrounding the circle are ten cartoon platypuses, each in a different swimming pose. The background of the entire poster is light blue with stylized white clouds in the corners.

PLATYPUS PADDLERS SWIM SAFE PROGRAM

FREE TERM 4 SWIM SAFE CLASSES

**8-WEEK PROGRAMS FOR AGES 0-5 THROUGH TERM 4, 2018
AT THE INVERELL AND ASHFORD POOLS**

- FREE 30-MINUTE INTRODUCTORY WATER SAFETY AND SWIM BASICS CLASS AND POOL ENTRY FOR ADULT & CHILD
- QUALIFIED FEMALE SWIM INSTRUCTORS
- FREE CPR CLASS FOR ADULTS ON FINAL DAY
- PLATYPUS PADDLERS SWIM SAFE PACK FOR ALL CHILDREN

CONTACT: MICHÈLE JEDLICKA, 6721 3222 & michele.jedlicka@best.com.au

PLATYPUS PADDLERS IS AN INITIATIVE OF BEST EMPLOYMENT AND
FUNDED UNDER THE NSW WATER SAFETY COMMUNITY GRANT

BEST
LIFE



Skiing

Perisher Valley

Brrrrrrrrrrrr! "Snow is freezing and so cold do you know?" said the teachers to the kids. "Yes" said two. "Wow first time seeing snow" said a lot of kids on the bus. We hopped out of the bus and we had to get our bags and things onto a cat which took them to the lodge. The teachers and the kids had to walk in the snow and it was so hard and slow and tiring. Then we got to the lodge and everyone was outside running in the snow and having snowball fights. We made a snowman and we gave it a tiny carrot nose and it was freezing in the snow. What a day! Then we went inside and for dinner. We had lasagne for dinner and the teachers made it and it was so good, the best!

The next morning we were ready to go for a big ski lesson. It was extra cold as we caught the bus to Smiggins Hole. We went to get our ski stuff and there was a lot of things to put on but soon we were on our skis - or on the ground! It was so hard! I thought we were never going to stay upright! Our instructor showed us how to use the magic carpet, do the pizza to stop and slow down and how to turn. By the end of 3 hours we were getting really good and mostly staying up! After spending the whole day skiing we were treated to pizza to dinner at a real restaurant.

We all loved skiing. Thank you Mrs Johnston, Miss Jackson and Mrs Dight for taking us to Perisher!

By Lily

