

Yetman Public School

64 Warialda St
Yetman, NSW, 2410

Principal: Charmaine Johnston

Phone: 07 4675 3150

Email: yetman-p.school@det.nsw.edu.au



Week 10 Term 3 Monday 21 September 2020

From the Principal's Desk

As the school term ends it is wonderful to reflect on the learning experiences of our students. Thanks to the expertise of dedicated teachers and support staff, students' learning growth across the school, in all curriculum areas, has been evident through high expectations and the identification of learning goals.

Although we are unable to travel, our students have still been engaged in learning opportunities to expand skill sets and interests. Students have had tennis coaching from Mr Karl, which will continue in Term 4. Students will participate in the Footy Colours Day and mini Olympics on Thursday, raising money for children living with cancer. We have also kept in contact with our One School North schools Gum Flat, Fairfax and Tulloona through zoom meetings, where we have shared our learning.

This term, staff have introduced additional, research-based techniques to support our wellbeing program and to help students cope with the restrictions that COVID has brought as well as everyday events. Our *Cars* and *Smiling Minds* lessons support students in emotional identification and regulation as well as developing positive relationships.

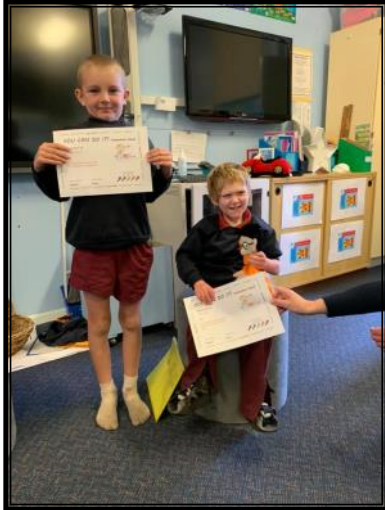
2021 will see assessment of the 2018-2020 school plan and the development of a new plan. Parents have been asked to have their say through the *Tell Them From Me* survey which is open until 27 September 2020. In Term 4 there will be additional opportunities to have your say on the new school plan.

Enjoy the holidays.

Mrs Charmaine Johnston



You Can Do It! award winners



James and Teddy for organisation



Lachlan and Ted for persistence



Bradly for persistence; Sam and Ted for resilience

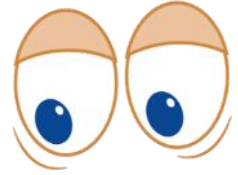


Caitlin for persistence



**Congratulations
everyone!**

From your Library



Some of my favourite literary quotes are from A A Milne's "Winne the Pooh":

"Promise me you'll remember you are braver than you believe, stronger than you see, smarter than you think."

"PIGLET: 'How do you spell love?' POOH: 'You don't spell it, you feel it.'"

"'Sometimes,' said Pooh 'the smallest things take up the most room in your heart.'"

"How lucky I am to have something that makes saying goodbye so hard."

READING WITH YOUR CHILD AT HOME SOME IDEAS FROM THE DEPARTMENT OF EDUCATION

Reading is important

- Reading has always been an important skill. In our modern world it is more important than ever.
- Children learn about the importance of reading as they watch family members use reading and writing for everyday purposes.
- Reading with your child at home will help your child in all learning areas of school.
- Children see you reading and writing in everyday life – reading for pleasure, sharing a story with your child, using a recipe, making a shopping list, writing a birthday card or reading street signs. This teaches them that reading and writing are useful skills in today's world.
- Often parents are asked by the school to listen to their child read at home. It's a good way of supporting your child's reading. Books may be borrowed from your school library or your local library.
- Be confident that your child will learn to read.

Hints for listening to your child read

- Before reading, talk about the cover, the title, the pictures, and discuss what the book may be about.
- During reading, discuss what has been read up to that point, and imagine what will happen next time.
- After reading is finished, talk and ask questions about the story and the pictures.
- When reading a harder book together, take turns. Beginning readers can read the repetitive parts and more experienced readers can read a paragraph or a page.
- On finding an unknown word:

Pause to give your child time to work out the word

Prompt – go back to the beginning of the sentence, or read past the difficult word to the end of the sentence. – look for a clue in the picture or the words – look at the first letter and think about what the words could be – ask "Does this make sense?" – try to sound out the word – if necessary tell your child the word

Praise your child for trying even if mistakes are made.

K-2 All Stars News

It is very exciting and pleasing to see the progress made in reading for every student in the All Stars over the past few weeks! Keep up the great work everyone and don't forget to read to someone aloud as often as possible.

In English we have moved from learning about persuasive texts to learning about how to write a narrative text. We have been discussing the elements of a story and how important it is to plan a story before writing to ensure it is the best it can be. Kindergarten are using a simple planner and the Draw, Talk, Write strategy to write stories with a beginning, middle and end. Year 1 and 2 are using a more complex planner based on the Seven Steps to Writing. They are also learning how to edit their work for meaning, punctuation and spelling.

In maths we have been doing work on multiplication and division, addition and subtraction, 3D space and Volume and Capacity. We have also completed some review tasks so that we can revise topics that we don't yet have a full understanding of.

Ruth Weatherall



This is a reminder that we are an allergy aware school. Could you please be considerate of this when preparing your children's lunches and seek alternatives to nut and egg products?

Cooking Club

Chow Mein Mince

Ingredients

500g mince
1 onion, finely chopped
1/2 tablespoon curry powder
2 carrots, grated
375g cabbage, finely shredded
2 stalks celery, finally chopped
40g long grain rice
2 40g packets of chicken noodle soup
2 tbsp. soy sauce
150g frozen beans
2 cups of water (500ml)



Method

1. heat a frypan to high heat and add onion and mince. Cook, breaking up any lumps for 6-8 minutes or until mince is browned
2. Add curry powder and cook, stirring for one minute until fragrant
3. Add carrot, cabbage, celery, rice, soup mix, soy sauce and two cups of water and bring to the boil
4. Reduce heat and simmer, covered for 20 minute or until water has absorbed and rice is tender
5. Add beans for the last two minutes of cooking
6. Serve





Veg'tember Who Am I?

(Answers on the back page)

1. I grow on a tree; I am really a berry but you wouldn't think so by how I look; I can be green or yellow.
2. I grow on a vine; I can have furry or smooth skin; my flesh can be green or gold.
3. I have furry skin; I smell delicious; I have a large stone inside.
4. I am from the same family as onions; I am green and white; I am long and straight.
5. I am green; I am only small; I grow in a pod.
6. My flesh can be yellow, orange, white or red; I am a fruit that grows on a vine and I am in the same family as pumpkins; I am delicious served cold on a hot day.
7. In some places I am called an alligator pear; you can use me instead of butter on your sandwich; I grow on a tree.
8. I am one of the crunchiest vegetables; I am related to parsley; I am a root.
9. I am a vegetable that comes in lots of colours including orange and purple; I am a large root; I am not a potato but some people call me a type of potato.
10. I grow in the ground.; I am usually red.; you can use me to colour pasta red.
11. I can grow very, very large; I am very popular at Halloween; I am usually orange.
12. I come in more than a thousand different types; I am eaten all over the world; I usually have white flesh but I can be blue!
13. I grow on vines; I can be eaten raw or cooked; I can be made into lots of things like jam, juice, vinegar, and oil.
14. I am a fruit that forms from up to 200 flowers; I have been named because I look like a pine cone; I grow in tropical areas.
15. I am a berry related to the sparkleberry, farkleberry, whortleberry and partridgeberry; I grow on a bush; when ripening, I change from green to pink and then to blue.
16. I can grow up to a metre long; I can be green, yellow or stripy; I am sometimes called a courgette but in Australia I am called a . . .
17. I grow as an ear; I can be popped; I am usually yellow.
18. I am very sour; I am yellow; I grow on a tree.
19. I am really a fruit but get used as a vegetable; I am easy to grow and lots of people will have a go at growing me in their backyard in summer; you will find me in lots of different colours including red, orange, yellow and green.
20. I grow in the ground; I can be brown, white or red; I might make you cry.



Tennis Lessons

Term 3 tennis has been a lot of fun for everyone, learning how to serve and perfecting our tennis racquet skills.

A big thank you to Mr Karl for coming over from Inverell for tennis lessons and we look forward to him coming back next term so we can keep learning.



Tharawonga Mobile Resource Unit



YETMAN

**Parent information and
orientation for 2021**

26th October

2.00pm

Yetman School

**Parents are invited to
come and meet with
educators and
management of the
service**

**We look forward to
welcoming you to
Tharawonga**



For information please contact Suzy Webber 0427241931



Yetman PS is a member of the Healthy Kids Association. This gives the school, the canteen and parents access to a range of resources to help create a healthy learning environment for our students.

From their website: "Healthy Kids Association is a not-for-profit, non-government health promotion charity based in Sydney, Australia. Our mission is to promote and influence healthy food choices for children. Nowadays, one in four children in Australia are classified as being overweight or obese. Our children are our future and we believe teaching healthy eating habits at a young age can change a person's life for the better. We aim to educate and empower families, children and school canteens to make the healthiest choices possible. Our **nutrition philosophy** is one of balance that promotes the five core foods, variety and mindful eating." (<https://healthy-kids.com.au/about/what-we-do/>)

Healthy Kids Association's huge online resource centre includes:

- * HKA Kitchen – packed full of kid-friendly recipes
- * Kids' Zone – heaps of healthy and fun activities to keep enquiring minds busy
- * Teachers' Territory – with plenty of teaching resources
- * Parents' Portal – info and resources designed specifically for parents.

Visit healthy-kids.com.au

Good for Kids good for life

EASY SWAPS IN THE LUNCHBOX

Packing healthy snacks in the lunchbox does not have to be time consuming. Swap from some of these common 'sometimes' lunchbox products to easy alternatives that add extra fibre and nutrition to your child's day:

- Chips → Wholegrain rice cracker bites



- Biscuit and cream cheese snack → carrot sticks and hummus



- Muffin or muffin bar → pikelets



- Tiny teddies → Whole grain fruity bites



Good for Kids good for life

KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- Make up a dance
- Hula hooping or skipping
- Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- Start a family fitness challenge – who can do the most push-ups, squats, sit ups
- Use a pair of socks or balloon to play indoor volley ball, tennis, soccer or football



Spring in the Garden

Our seedlings have grown well in the green house and Teddy and Bradley have enjoyed planting them, along with their zucchini plants, into the larger area to thrive!





Australian Government



drought and flood
RESPONSE & RECOVERY



WE'RE COMING TO TOWN!

The Australian Government has a range of measures to lend support to those doing it tough.

One-off cash payments of \$3000 are still available through the Salvation Army.

Farmers, farm suppliers/contractors and farm/abattoir/sale-yard workers living with the effects of the drought are encouraged to apply.

Sandy McNaughton, Regional Recovery Officer, National Drought and Flood Agency and Michael Collins, Northern Regional Services Manager, NSW Farmers Association, will be touring a number of small towns with information about available support.

Drop in and have a chat to them at a venue near you!

Date	Location	Time
Tues 6 Oct	Mingoola Hall	10am - 11am
	Bonshaw Hall	12.30pm - 1.30pm
	Ashford Severn River Rural Supplies	3pm - 4pm
Wed 7 Oct	Boggabilla Town and Country Club	10am - 11am
	Yetman Store	12.30pm - 1.30pm
	Coolatai Pub	3pm - 4pm
Thurs 8 Oct	Upper Horton Club	10am - 11am
	Gravesend Pub	1pm - 2pm
	Pallamallawa Pub	3pm - 4pm
Fri 9 Oct	Weemalah Hall	10am - 11am
	Boomi General Store	12.30pm - 1.30pm
	Garah Pub	3pm - 4pm

Sandy McNaughton
Regional Recovery Officer
National Drought and Flood Agency
M: 0408 499 306
E: RRONorthNSW@pmc.gov.au

Michael Collins
Northern Regional Services Manager
NSW Farmers Association
M: 0439 958 163
E: collinsm@nswfarmers.org.au

An Australian Government Drought Initiative

Yetman Public School is looking for a cleaner. The permanent hours are from 3pm to 5pm Monday to Friday during school terms, with differing hours in the school holidays. Casual hours are from 11am to 12pm on school days.



CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook **Joss Cleaning**

or visit our webpage
www.jossgroup.com.au



- Veg'tember Who Am I? answers:**
- | | |
|-----------------|---------------|
| 1. Banana | 11. Pumpkin |
| 2. Kiwifruit | 12. Potato |
| 3. Peach | 13. Grapes |
| 4. Leek | 14. Pineapple |
| 5. Peas | 15. Blueberry |
| 6. Watermelon | 16. Zucchini |
| 7. Avocado | 17. Corn |
| 8. Carrots | 18. Lemon |
| 9. Sweet potato | 19. Tomato |
| 10. Beetroot | 20. Onion |